

### PLEASE TELL YOUR DOCTOR OR SOMEONE ELSE IF ...

- ◆ You are worried that someone might hurt you or at home or somewhere else.
- ◆ You feel sad or have lost interest in things you used to enjoy.
- ◆ You notice a sore that is changing in size, shape, or color.
- ◆ You have any other health concerns or worries.

### WE CARE ABOUT YOU!

### SERVICES

- ◆ Primary medical care: routine physicals, well-care, and adult vaccinations
- ◆ Disease management and screening for diabetes, high blood pressure, cancer, asthma, obesity, high cholesterol, and other conditions
- ◆ Health education and wellness: nutrition, oral health, exercise, and other programs
- ◆ Women's health services
- ◆ Family planning services and pregnancy testing

We will soon have pediatric services. If you need prenatal care, we will make a referral and also continue caring for other areas of your health. If you need a service that we do not have, we will work hard to find it for you.

### COST

- ◆ You do not have to pay for services at the Mobile Health Center.
- ◆ You may have to pay for services at other health providers, but we will explain this to you before you go for the appointment.



Green Family Foundation  
NeighborhoodHELP™

## Mobile Health Center



### Mobile Health Center

For appointments/information:

**305.348.1379**

To send a fax:

**305.348.1494**

## WELCOME!

Thank you for choosing the Mobile Health Center for your medical care. Together with you, FIU Herbert Wertheim College of Medicine physicians and students are committed to your care.

The Mobile Health Center will have set locations in NeighborhoodHELP™ communities such as Miami Gardens, Opa Locka, Northeast Dade and Unincorporated Dade.

## THE MOBILE HEALTH CENTER

The mobile van is a 38-foot, fully-equipped medical office with two examination rooms and a laboratory to help serve you.



## APPOINTMENTS

- ◆ To receive services at the Mobile Health Center, you need to be enrolled in NeighborhoodHELP™. Please call 305.919.4594 on how you can enroll in the program.
- ◆ To schedule, cancel, or reschedule, call 305.348.1379.
- ◆ We will remind you of your appointment a week and then one to two days before.
- ◆ If you miss an appointment, we will call to make sure you are okay and to reschedule.

## ABOUT THE APPOINTMENT

- ◆ Please arrive 15 minutes before your appointment to complete necessary forms.
- ◆ Please bring to every visit:
  - Photo ID card
  - Medications you are taking, plus those that are not prescription, such as vitamins and herbal remedies
- ◆ Any questions you have for the doctor or nurse
- ◆ Updates on other appointments or hospital stays, test results, and any other information you would like to share with us.

## MEDICATION REFILLS

- ◆ If you need a refill, please call 305-348-1379.
- ◆ Please allow three business days for the refill.
- ◆ Call us before you run out!

## TO REACH YOUR DOCTOR AFTER HOURS

- ◆ Call 911 if you have a medical emergency.
- ◆ To reach a doctor after hours, call 305.348.1379.
- ◆ A doctor will contact you within 30 minutes if you have an urgent matter and next business day if it is not urgent.



## OTHER INFORMATION

- ◆ If you use a wheelchair, walker, or cane, you will be able to easily enter, walk around, and exit the mobile van.
- ◆ If you have hearing, eyesight, or physical difficulties, please tell us so we can assist you if needed. Also, feel free to bring a family member or friend for help with the doctor visit.
- ◆ If you need an interpreter, we can provide one.